

NEWSLETTER September 2021

A Healthier Living with **SomaLife®**

Be more energetic with SomaLife pharmaceutical-grade supplements.

THE SCIENCE – HGH & INNER ORGANS



Our Inner Health

The Condition of Our Inner Organs — is Crucial

We can, if we must, live with aging skin that feels like parchment, or hair that looks and feels more and more like porcupine quills. But organs like the heart, the lungs, or the liver we cannot live without. They are necessary for life. And even having these organs working away inside us is not enough. They must be working well.

When organs like the heart or liver are not working well, we are not working well. And when we are not working well, we are not living well.

There is a certain redundancy built into the body. We have two kidneys, two lungs, three lobes to the liver. This means that if one kidney becomes diseased, we can get by with the other one. Or if any of these organ systems is not working at optimal capacity, we can still get by. But in this circumstance, we will find that we are far from living at optimal capacity. We are not living a good life. We are slower, or we live in pain and discomfort, or sometimes we “just don’t feel well”.

This is particularly the case as our inner organs age. Because these organs do age, along with the rest of us. As in the case of skin tissue, for example, our inner organs undergo a certain amount of programmed cell death, a certain amount of shrinkage, which eventually manifests itself as partial impairment. Because of some of the built-in redundancy, however, we will not notice the effects at first. We begin aging while in our twenties, but we usually don’t notice it till later.

Once the impairment of function of any of these organs is more advanced, and the deterioration more pronounced, our lives then become that much more limited. We do continue to live, but not nearly so well. Certainly not with the same breadth and scope we enjoyed previously. We find that we can no longer walk as far, or as fast, or as

painlessly. Other activities are fraught with similar limitations. With further malfunction of these inner organs, we may find we can only get by with serious medication, or by keeping an oxygen bottle handy, or by making frequent trips to a clinic or hospital to undergo dialysis. But this is not the way it has to be. Just as HGH has been shown to slow or reverse the aging process in other parts of the body, so too it is for our inner organs.

Because HGH works on our fundamental physiology, by this means it also works to improve the health of our inner organs. Because HGH stimulates the emergence of a more youthful body chemistry within us, it is thereby able to make our vital organs more youthful as well. With HGH replacement therapy, the shrinkage that these organs undergo is checked, and in many cases, reversed, depending on which organ is involved and how early the intervention with HGH. Needless to say, once the HGH levels have reached those common to people of middle age, the sooner treatment is begun, the better.

To get a more complete idea of just how effective HGH is in this area, it would behoove us to examine its work on our inner organs in a bit more detail.

Next month we will look at the heart.

– Excerpts from *The Road to Longevity* by Dr. Philip A White



**Health is the New Wealth.
Wellness is the New Goal.
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Marlies White

CEO and CoFounder

Amazon #1 Best Selling Author

Top 100 Healthcare Visionaries

IFAH - International Forum on

Advancements in Healthcare (2020-2021)



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ANNOUNCEMENTS

Coming Soon...

2 NEW PRODUCTS

1 FOR PRO-SPORTS ATHLETES

1 FOR WOMEN

This is an exciting step in the evolution of SomaLife!

Watch for more info in the October Newsletter!

QUOTE OF THE MONTH

*"When health is absent,
wisdom cannot reveal itself,
art cannot manifest, strength cannot fight,
wealth becomes useless,
and intelligence cannot be applied."*

— Herophilus

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